

Global healthcare survey reveals rise of ‘patient power’

Questionnaire

Q1) How many times have you visited a doctor for your own health in the past year?

- None
- 1 – 3 times
- 4 – 6 times
- 7 – 9 times
- 10 or more times
- Don't Know
- Refused

Q2) How many times have you visited an ‘alternative medicine’ (i.e. non-pharmaceutical) practitioner for your own health in the past year?

- None
- 1 – 3 times
- 4 – 6 times
- 7 – 9 times
- 10 or more times
- Don't Know
- Refused

Q3) Who or what is your main source of medical advice? (Name one)

- Doctor
- ‘Alternative medicine’ practitioner (i.e. non-pharmaceutical)
- Pharmacist (retail or hospital)
- Internet
- Newsletters / magazine / newspaper articles
- Books
- Other patients
- Nurse
- Family / Friends
- Other (unspecified)
- Don't Know
- Refused

Q4) Which one statement best describes how you perceive your doctor?

- A person whose directions I follow without question
- An informed advisor whose opinion I respect
- Just one of several sources who influences my healthcare decision
- The person who simply prescribes the medication I request
- None of the above
- Don't Know
- Refused

Q5) Do you agree or disagree with the following statements:

- I would prefer to take natural medicine rather than drugs
- I will only take the medication prescribed by my doctor if my other research backs up his / her diagnosis
- I am generally quite sceptical of 'alternative medicines' (i.e. non-pharmaceutical)
- I see my doctor less than I once did as I can often find out what I need to know on the internet
- I often come to my Doctor already prepared with a diagnosis
- I believe holistic healing, a mix of traditional and alternative medicines, is the right way forward
- My doctor is too busy and does not spend enough time with each patient

Q6) Which of the following non-pharmaceutical approaches have you used in the past year to address a health issue?

- Acupuncture
- Meditation
- Hypnotherapy
- Traditional Chinese Medicine
- Massage
- Herbal remedies
- Other
- None of the above